

- ◆ The unique design featuring an independent arm movement, beginners will never find a hard time in developing equal muscle gain because this allows them to work both or only one of their limbs. Handles positioned to allow for neutral wrist position.

TRICEP DIP PLATE LOADED
JPL-125

- ◆ **DIMENSION:**
Length : 68 inches / 173 cms
Width : 70 inches / 178 cms
Height : 45 inches / 114 cms

- ◆ **MUSCLE WORKED:**
Triceps Brachii

